Diabetes Educators Reaching Across Cultures

This poster details the successes of providing Diabetes Education across diverse cultures through overcoming barriers. It is estimated that 537 million people are currently living with diabetes all over the world. By 2045, projections show this number rising to some 783 million diabetics globally. The need to deliver Effective Diabetes Education is great.

The time to act is NOW!

These Educators identified cultural barriers and employed and implemented creative strategies to overcome them in providing Diabetes Education to members of the Maasai Tribe in Tanzania, Africa, in Roatan, Honduras, and the La Mosquitio Region of Honduras.

Collaboratively working with community health workers and local clinics yielded successful outcomes through relationship building by employing visual, hands on, and auditory teacing methods. These strategies can be adapted and employed to meet the challenges of providing Diabetes Education to additional diverse populations and cultures.

* My Plate in Native Languages *Hands on Food Portion Education *Involve Native Foods

*Physical Activity that suits Climate and Local Interests

*Connecting citizens with available resources

*Community Support

*Family Based *Interactive
*Make it FUN!!







