

## Background

- Healthcare providers experience distressing events as a part of their everyday work, however the impact can be severe and lasting.
- Work-related trauma is commonly reported in nursing and medicine but rates in pharmacy are unknown.

## Objective

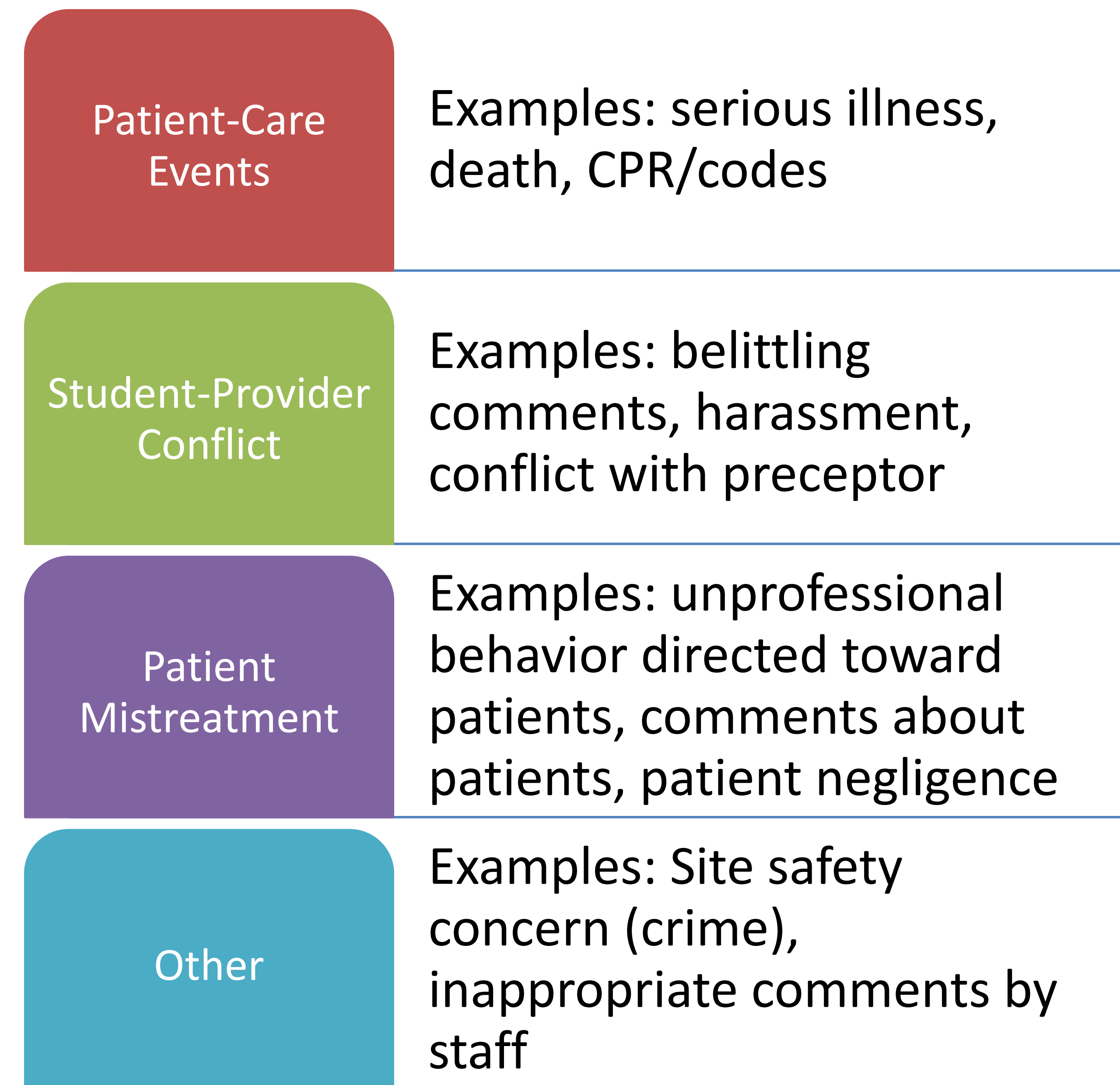
- To determine frequency, impact and response to distressing events during APPEs.

## Methods

- Anonymous survey at two schools
- Each semester APPE students reported:
  - How many events they experienced
  - Type of event
  - Rotation setting where event occurred
  - Perceived impact
  - How it was addressed by site/preceptor
- Also collected open-ended feedback about the experience(s).

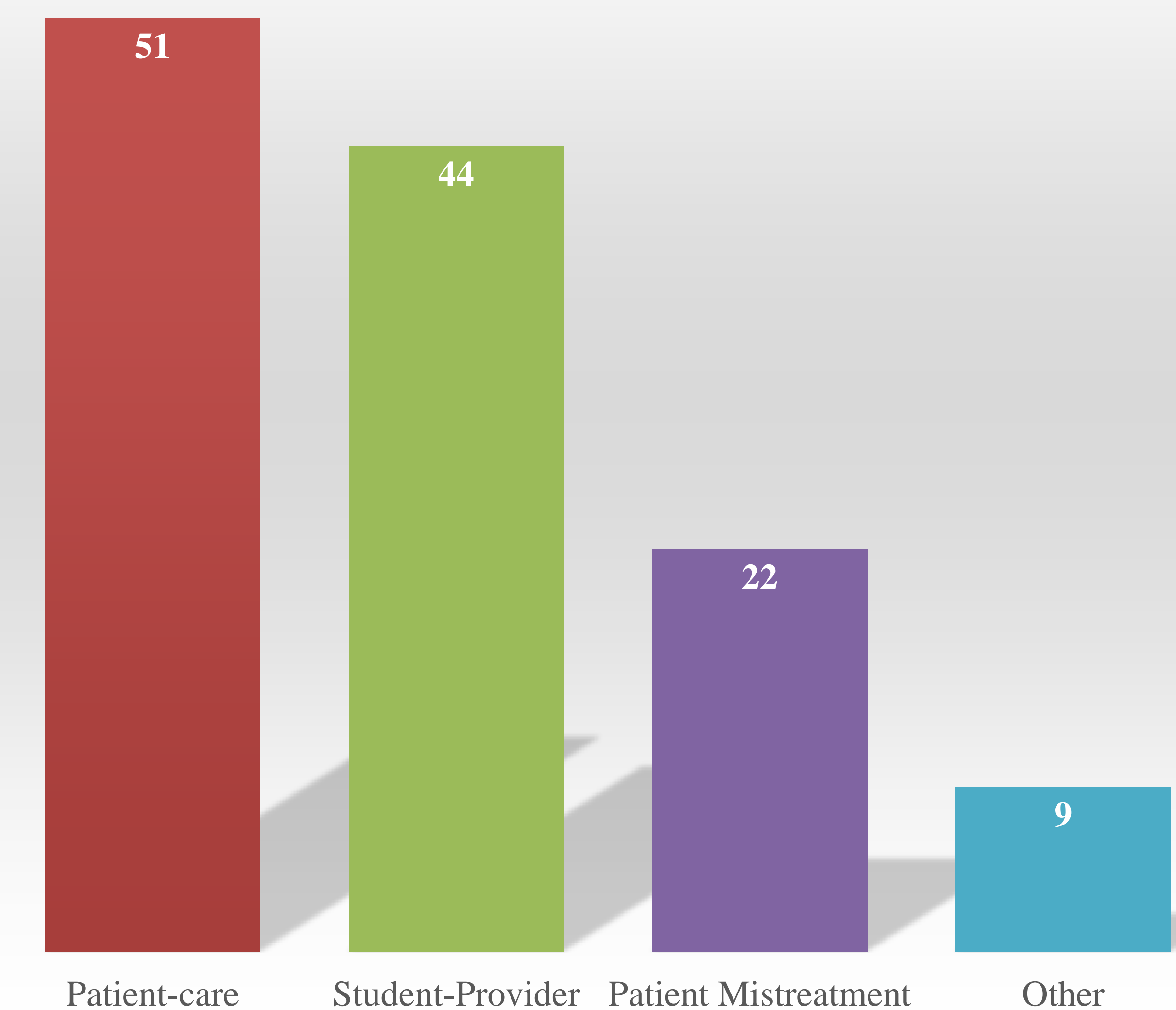
## Results

- 2021-22 APPE Year: 148 responses recorded (**28.3% overall response rate**)
- 64.4%** of respondents experienced at least one distressing event during APPE year
- Only **35.3%** of students reported a discussion/debriefing occurred after the event

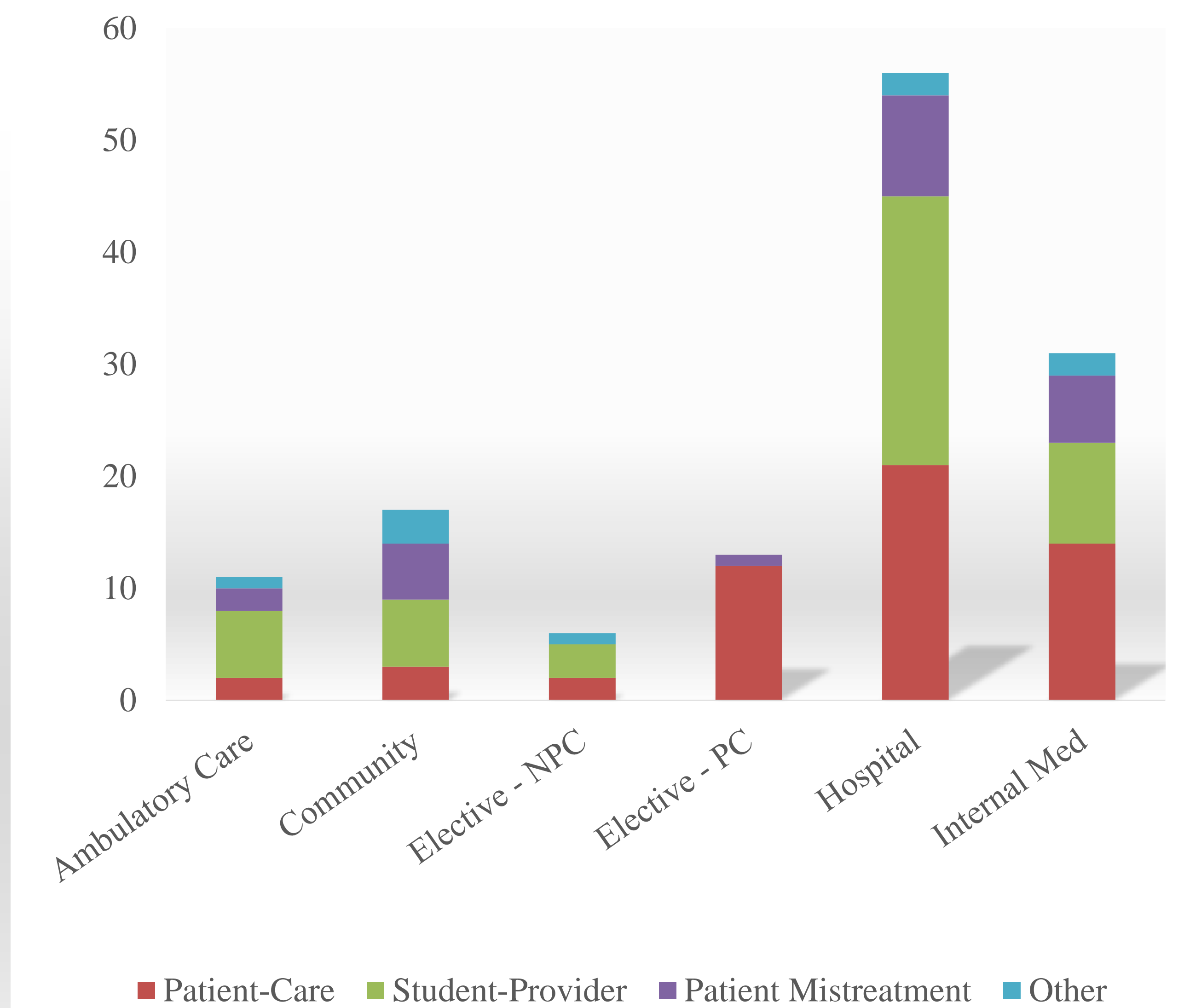


Categories adopted from Haglund, M et al. (2009). *Acad Med*

### Reported Distressing Events



### Distressing Events by Rotation Type



### Student-reported impact

- 44.8%** responded there were lasting effects from their experience

Recurrent/Intrusive Memories  
34.3%

Dreams  
16.4%

Flashbacks  
13.4%

## Conclusion

- Rate of distressing events is noteworthy
- Similar to rates in other health disciplines
- Events occur in all pharmacy settings
- Students may need support processing experiences; debriefing was infrequent