

# ChatGPT, the New ENT?



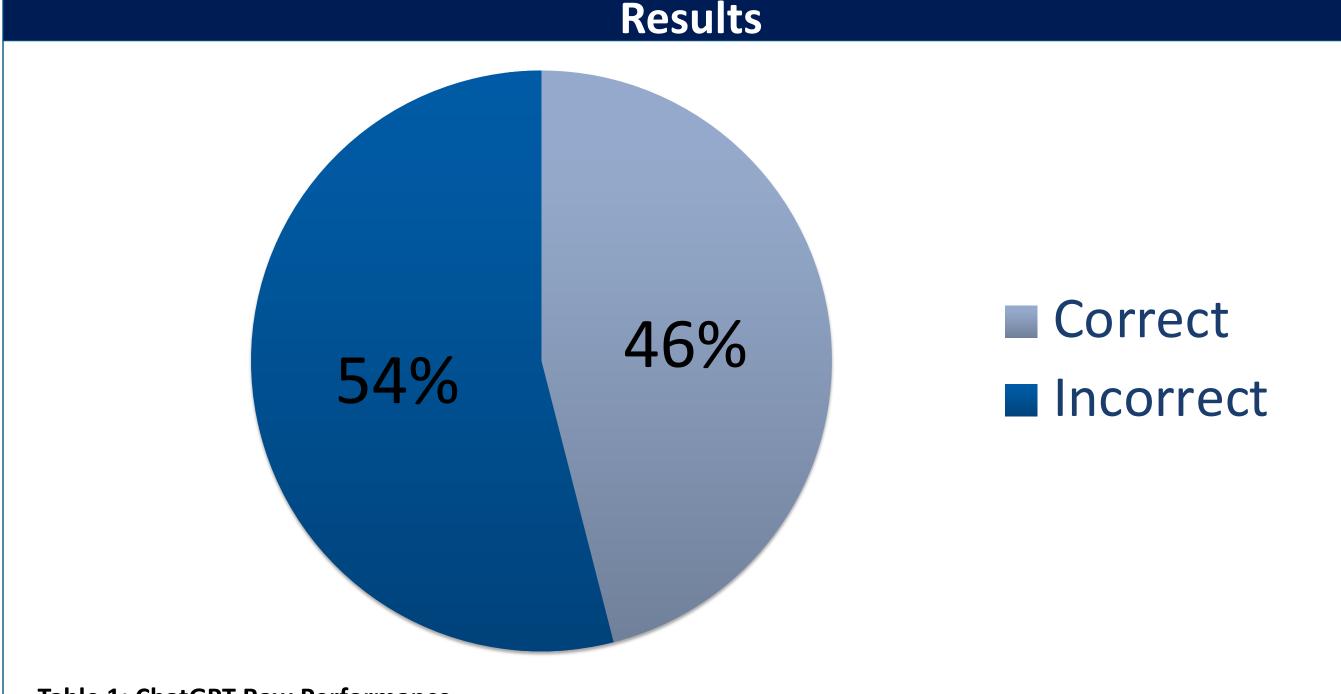
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### Introduction

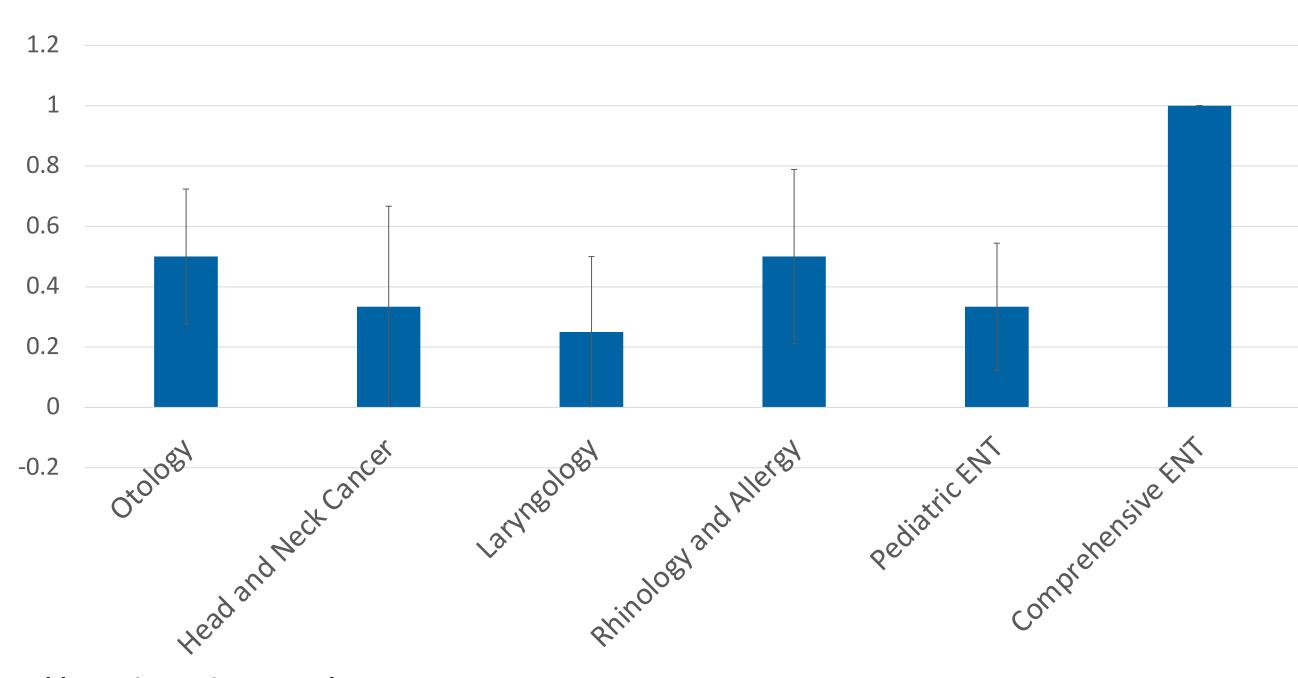
- According to the Pew Internet and American Life Project, 72% of American Internet users search the Internet for health information<sup>1</sup>.
- However, searchers would also encounter difficulty with expressing their desired search in a search engine: symptoms could be difficult to describe, and search engine results could ignore certain inputs while focusing on others<sup>2</sup>.
- ChatGPT (OpenAI, San Francisco, CA) is a new large language model launched by OpenAI in November 2022 programmed with reinforcement learning techniques.
- This study is the first to evaluate ChatGPT's
  ability to diagnose otolaryngology pathologies
  based on symptoms given from a patient
  perspective. Its public availability allows
  patients to input their diagnostic queries as
  easily as into a search engine. The
  conversational nature of a chatbot also may
  facilitate better expression of symptoms,
  resulting in more accurate informational
  outputs.

# References

- Fox S, Duggan M. Health Online 2013. 2013. https://www.pewinternet.org/wp-content/uploads/sites/9/media/Files/Reports/PIP\_HealthOnline.pdf (Archived by WebCite® at https://www.webcitation.org/74sbsnhYG).
- 2. Gray NJ, Klein JD, Noyce PR, Sesselberg TS, Cantrill JA. The Internet: A window on adolescent health literacy. *J Adolesc Heal*. 2005;37(3):243.e1-243.e7. doi:10.1016/j.jadohealth.2004.08.023



**Table 1: ChatGPT Raw Performance**ChatGPT's performance on including the correct diagnosis in 26 prompts.



**Table 2: Diagnosis Correct by Category** 

When further stratified by subspecialty, ChatGPT determined the correct diagnosis 40-60% of the time: Otology (50%, 3/6), Head and Neck Cancer (33.33%, 1/3), Laryngology (25%, 1/4), Rhinology and Allergy (50%, 2/4), Pediatric ENT (33.33%, 2/6), and Comprehensive ENT (100%, 3/3). In a one-way ANOVA analysis, the differences in the results across the different stratifications was not significant (p = 0.4865).

## Methods

- The version of ChatGPT used in this study was from the January 30th, 2023 release note.
- No specific priming or training was provided prior to the study.
- 26 common otolaryngologic disorders were analyzed in this study.
- These disorders were categorized by subspecialty: Otology, Head and Neck Cancer, Laryngology, Rhinology and Allergy, Pediatric ENT, and Comprehensive ENT.
- 5 symptoms were then input into ChatGPT from a patient-centered statement.
- The results were collated and recorded in a database, which was then analyzed to determine if the AI was able to accurately diagnose the intended pathology

### Conclusion

- ChatGPT performed at <50% accuracy on including the correct diagnosis in response to a patient-perspective input of symptoms.
- With every diagnosis suggested, ChatGPT encouraged seeking a doctor's opinion.
- This study was limited by the number of inputs
- Further studies are needed to determine ChatGPT's role in first line diagnostics and aiding patients in evaluating the need for further medical advice.