

Keys to Success After Dental Treatment Under General Anesthesia.

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Dental care under general anesthesia is a great option, and sometimes the only one, for non cooperative patients. But, if you do not take good care of your oral health after it, the treatment will fail.



Intraoral photos showing patient's dentition



After the procedure

Female patient, 3 year old, non cooperative. Temporary dentition with caries activity. Gingivitis associated to bad hygiene, open cavities and cariogenic diet. Because of her lack of cooperation the patient was treated by general anesthesia, after analyzing the best treatment for her. The procedure was a success, and clear post treatment instructions were given.

Dislodged restoration 1 week later



The mother told us that the girl was chewing hard stuff as toys, despite we told her not to do so. As the child was non cooperative, we had to place ionomer restorations with physical contention with the mother's consent, not being the ideal treatment, but having no other option.

It is crucial to have the parent's collaboration and support after a general anesthesia treatment, because, as we could see, the treatment can fail if the correct care is not taken. The key to have a successful treatment is to follow the instructions after the procedure, such as eating soft and colorant-free food, having proper hygiene, attending check-ups and having a non-cariogenic diet.